



**THANK YOU FOR
ATTENDING!**



**YOUTH PROTECTION
AND PROGRAM SUPPORT**
THE UNIVERSITY OF UTAH



**BEST PRACTICES
IN YOUTH
PROGRAMMING
SYMPOSIUM**

03.06.24 | 9AM-1PM | GARDNER COMMONS RM 2900

SCHEDULE

Opening Session
9:00-9:20am
Coffee and Tea Provided

**Welcome and
YPPS Updates**

Nate Friedman, Associate Dean, University Connected Learning and YPPS Senior Director
Marci Hutchinsson, Coordinator, Youth Protection and Program Support

All-Group Session
9:20-10:50am

You Can Make a Difference: Essential Skills Workshop to Support Individuals in Distress

*Brittany Badger Gleed PhD(c), MCHES
Director, Mental Health First Aid Instructor
Center for Campus Wellness, University of Utah*

Room 2900

Join this interactive skill-building workshop designed for faculty, staff, student leaders, or anyone who wants to learn how to support someone who may be struggling. Participants learn about common challenges that impact mental wellbeing or hinder one's ability to be successful in their academic, professional, or personal life. This workshop provides participants with an overview of the impacts of stress and trauma and how to recognize early and escalating signs of distress. We focus on building trauma-informed strategies to engage, support, and empower people to connect with resources while staying within your role and setting healthy boundaries.

Break
10:50-11:00am

Breakout Sessions
11:00am-12:00pm

Fostering Belonging (to one another) & Connection (to nature)
Hilary Lambert, M.Ed., PhD Student, Graduate Teaching and Research Assistant Parks, Recreation, and Tourism

Room 2575

We'll look at research data from the American Camp Association's National Impact Study and discover what camps can do to foster a sense of belonging among campers, and how camps can develop campers' affinity for nature. Data shows that when taken together, campers can develop a sense of place. What does that mean here in Salt Lake City? How can you build nature connections during your summer camp that are good for kids and their environment? This session will use research to guide practitioners and you'll leave with ideas to integrate into summer programs and resources to learn more about connecting people to one another and to places.

**Child Abuse Reporting and Response —
"A Walk Through the System"**

Kirsten Jensen, DCFS Trainer, Division of Child and Family Services
This presentation offers an opportunity to hear from a representative from the Division of Child and Family Services. The presentation will include an overview of the DCFS system, from the referral to ongoing services. They will discuss what information is needed to make a referral, as well as what to expect after a referral has been made and a case is opened.

Room 2675

Youth Program Planning: Staff Hiring and Training, Risk Management Plans, and Everything In-Between

Nate Friedman, Associate Dean, University Connected Learning and YPPS Senior Director

Whether you are a seasoned youth programming expert or considering starting a program, there is always something you can learn about program planning. Come learn about best practices when hiring and training staff, creating a Risk Management Plan specific to your program, and the various things to consider when running a youth program or camp. While you can't plan for everything, you can certainly be prepared for anything youth programming or summer camp may throw at you!

Room 2760

Lunch provided by Great Harvest
12:00pm-1:00pm

Network with all your youth programming colleagues!